

Personal Action Planner for _____

Map out the **Intentional Practice Actions (IPAs)** you are taking action on. Commit your attention over the next (3-6) months along your personally prescribed **Path of Possibilities (POP)**. Tackle at least one step on the path every day in a month. Write down the question **IPA #s** and correlating **IPA Names** selected for reference. Briefly note a few points below on why you picked these actions to remind you where to focus. Upon completing your actions, document key findings, discoveries, meaningful words, emotions, and your experiences on your actual POP.

Month 1: _____ Question(s)/Action(s): _____

Month 2: _____ Question(s)/Action(s): _____

Month 3: _____ Question(s)/Action(s): _____

Month 4: _____ Question(s)/Action(s): _____

Month 5: _____ Question(s)/Action(s): _____

Month 6: _____ Question(s)/Action(s): _____

Enjoy the excerpt from the book, **Live Your Possible**, to ignite your happy, authentic self and live a fulfilling life rooted in joy, inclusion, love, and possibilities.

Visit the Author's Website to learn more and keep growing: www.ignitehappy.com

